

***Community Based Flexible
Supports Initiative***



**Massachusetts Department
of Mental Health**

October 2009

DMH Funded Community Services

DMH services are responsive to consumer needs and focus on rehabilitation and recovery

- Residential options
- Program of Assertive Community Treatment (PACT)
- Clubhouses
- Respite services
- Peer operated programs
- DMH case management services

CBFS: Aligns DMH with Consumer Choice

- In 2007, DMH began review of adult community service system
- Goal: align service system with needs and preferences of consumers and families
- Public and transparent procurement process
- Consistent with Community First initiative

CBFS: Cornerstone of DMH Community Mental Health System

CBFS services provide rehabilitative interventions and supports in partnership with consumers and their families to promote recovery

- Safe, stable housing
- Full participation in the community
- Self management
- Self determination and empowerment
- Wellness and improved physical health
- Independent employment

CBFS: Same Service Components, New Paradigm

Most DMH service components provided today will continue under the new CBFS contracts
Enhanced and transformed to meet consumer need and preference

- Maximize flexibility
- Strengthen consumer-driven care/treatment planning
- Integrate peer workers
- Develop/monitor person-focused outcomes

CBFS Implementation

- CBFS services began on July 1, 2009
- DMH is working with CBFS contract awardees to transition consumers to new services
- For vendors not awarded a CBFS contract, DMH is working in partnership with them to transition consumers to the new vendor
- Client needs and preferences addressed at local level
- DMH implementation committees established to address operational and administrative changes

DMH: Transformation

- CBFS represents a major transition for DMH and its role in the public mental health system
- DMH is shifting to an agency that sets standards, provides oversight, monitors and assures that the same level of quality services are being provided to everyone who needs them
- We are creating a mental health system that is based in recovery, resiliency, partnership and consumer choice

DMH Transformed

Today

Consumers fit in to program
Program-specific treatment
planning process
Caregivers: mental health
professionals
Outcomes: System-focused
Limited transition among
inpatient and community levels
of care

Future

Services tailored to consumer
Consumer-driven integrated
treatment planning
Caregivers: mental health
professionals and peer workers
Outcomes: Person-focused
Seamless discharge/aftercare
planning between inpatient and
community systems